

COMMUNITY RESOURCES

Crisis Hotline Numbers

MIDDLESEX COUNTY

1 CHILD ABUSE

CHILDHHELP

PHONE: 800.4.A.CHILD OR 800.422.4453

PEOPLE THEY HELP: CHILD ABUSE VICTIMS,
PARENTS, CONCERNED INDIVIDUALS

2 CHILD SEXUAL ABUSE

DARKNESS TO LIGHT

PHONE: 866.FOR.LIGHT OR
866.367.5444

PEOPLE THEY HELP: CHILDREN AND
ADULTS NEEDING LOCAL
INFORMATION OR RESOURCES
ABOUT SEXUAL ABUSE

3 FAMILY VIOLENCE

NATIONAL DOMESTIC VIOLENCE HOTLINE

PHONE: 800.799.SAFE OR 800.799.7233
TTY: 800.787.3224

VIDEO PHONE ONLY FOR DEAF CALLERS:
206.518.9361

PEOPLE THEY HELP: CHILDREN, PARENTS,
FRIENDS, OFFENDERS

4 HELP FOR PARENTS

NATIONAL PARENT HELPLINE

PHONE: 855.4APARENT OR 855.427.2736
AVAILABLE 10 A.M. TO 7 P.M. WEEKDAYS

PEOPLE THEY HELP: PARENTS AND
CAREGIVERS NEEDING EMOTIONAL
SUPPORT AND LINKS TO RESOURCES

5 HUMAN TRAFFICKING

NATIONAL HUMAN TRAFFICKING HOTLINE

PHONE: 888.373.7888

PEOPLE THEY HELP: VICTIMS OF HUMAN
TRAFFICKING AND THOSE REPORTING
POTENTIAL TRAFFICKING SITUATIONS

6 MENTAL ILLNESS

NATIONAL ALLIANCE ON MENTAL ILLNESS

PHONE: 800.950.NAMI OR 800.950.6264
AVAILABLE 10 A.M. TO 6 P.M. WEEKDAYS

PEOPLE THEY HELP: INDIVIDUALS,
FAMILIES, PROFESSIONALS

7 SUBSTANCE ABUSE

NATIONAL ALCOHOL AND SUBSTANCE ABUSE INFORMATION CENTER

PHONE: 800.784.6776

PEOPLE THEY HELP: FAMILIES,
PROFESSIONALS, MEDIA, POLICYMAKERS,
CONCERNED INDIVIDUALS

8 RAPE/INCEST

RAPE, ABUSE AND INCEST NATIONAL NETWORK (RAINN)

PHONE: 800.656.HOPE OR 800.656.4673

PEOPLE THEY HELP: RAPE AND INCEST
VICTIMS, MEDIA, POLICYMAKERS,
CONCERNED INDIVIDUALS

9 MISSING/ABDUCTED CHILDREN

CHILD FIND OF AMERICA

PHONE: 800.I.AM.LOST OR 800.426.5678

PEOPLE THEY HELP: PARENTS REPORTING
LOST OR ABDUCTED CHILDREN, INCLUDING
PARENTAL ABDUCTIONS

CHILD FIND OF AMERICA-MEDIATION

PHONE: 800.A.WAY.OUT OR 800.292.9688

PEOPLE THEY HELP: PARENTS (ABDUCTION,
PREVENTION, CHILD CUSTODY ISSUES)

NATIONAL CENTER FOR MISSING AND EXPLOITED CHILDREN

PHONE: 800.THE.LOST OR 800.843.5678

TTY: 800.826.7653

PEOPLE THEY HELP: FAMILIES AND
PROFESSIONALS (SOCIAL SERVICES, LAW
ENFORCEMENT)

11 YOUTH IN TROUBLE/RUNAWAYS

NATIONAL RUNAWAY SWITCHBOARD

PHONE: 800.RUNAWAY OR 800.786.2929

PEOPLE THEY HELP: RUNAWAY AND
HOMELESS YOUTH. FAMILIES

10 SUICIDE PREVENTION

NATIONAL SUICIDE PREVENTION LIFELINE

PHONE: 800.273.TALK OR 800.273.8255

TTY: 800.799.4TTY OR 800.799.4889

PEOPLE THEY HELP: FAMILIES, CONCERNED
INDIVIDUALS