# Children and Family Resources
## Middlesex County

<table>
<thead>
<tr>
<th>#</th>
<th>Resource</th>
<th>Website/Contact Information</th>
<th>Notes</th>
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</thead>
<tbody>
<tr>
<td>1</td>
<td>Trinity Episcopal Church</td>
<td>trinitywoodbridge.org/outreach 650 Rahway Ave., at Trinity Lane Woodbridge, NJ 07095-3530</td>
<td>- Food pantry&lt;br&gt;- Diaper bank&lt;br&gt;- Support groups</td>
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<td>2</td>
<td>Ozanam Family Shelter</td>
<td>ccdom.org/middlesex-ozanam-family-shelter 89 Truman Drive, Edison, NJ 08817</td>
<td>- For single women and families</td>
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<td>3</td>
<td>Head Start/Early Head Start</td>
<td>eclcicohs.acf.hhs.gov/center-locator Phone: 1-866-763-6481 From 8 A.M. - 6 P.M. ET, Monday to Friday.</td>
<td>- Searchable website for local head start and early head start locations</td>
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<td>4</td>
<td>Middlesex County Social Services</td>
<td>middlesexsocialservices.com Phone: 732-745-3500 Toll Free: 1-800-social2</td>
<td>- Medical assistance programs&lt;br&gt;- Food stamps (SNAP)&lt;br&gt;- Child support and paternity program&lt;br&gt;- Temporary assistance for needy families (TANF)&lt;br&gt;- General assistance (WFNJGA)&lt;br&gt;- Board and care services&lt;br&gt;- Emergency assistance services</td>
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<td>5</td>
<td>NJ Child Abuse Hotline</td>
<td>childcarenj.gov Phone: 1-800-332-9227</td>
<td>Information on:&lt;br&gt;- Child care assistance&lt;br&gt;- Local child care providers&lt;br&gt;- County child care resource &amp; referral agencies</td>
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<td>6</td>
<td>NJ Child Care</td>
<td></td>
<td>Phone: 1-877-652-2873&lt;br&gt;- 24/7 Hotline for reporting child abuse and neglect</td>
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<td>7</td>
<td>Parents Anonymous Family Helpline</td>
<td></td>
<td>Phone: 1-800-843-5437&lt;br&gt;- 24/7 helpline for families in need of information, referrals, and crisis prevention/intervention</td>
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<tr>
<td>8</td>
<td>2nd Floor Youth Helpline</td>
<td></td>
<td>Phone: 1-888-222-2228&lt;br&gt;- 24/7 helpline for NJ youth and young adults.</td>
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### PERFORMCARE

**PERFORMCARENJ.ORG**  
PHONE: 1-877-652-7624

- NJ CHILDREN'S SYSTEM OF CARE, PERFORMCARE, IS THE SINGLE POINT OF ACCESS TO A WIDE ARRAY OF BEHAVIORAL HEALTH, INTELLECTUAL AND DEVELOPMENTAL DISABILITY SERVICES AS WELL AS SUBSTANCE USE TREATMENT FOR YOUTH AND FAMILIES THROUGHOUT NEW JERSEY.  
- MOBILE RESPONSE STABILIZATION SERVICES (MRSS) ARE ACCESSED 24/7 BY CALLING PERFORMCARE IN CRISIS SITUATIONS INVOLVING CHILDREN.

### FAMILY SUCCESS CENTERS


CORE SERVICES INCLUDE:  
- ACCESS TO INFORMATION ON CHILD, MATERNAL AND FAMILY HEALTH SERVICES, ECONOMIC SELF-SUFFICIENCY AND JOB READINESS  
- INFORMATION AND REFERRAL SERVICES (CONNECTION TO OFF-SITE PUBLIC AND PRIVATE RESOURCES)  
- LIFE SKILLS TRAINING  
- HOUSING SERVICES  
- ADVOCACY  
- PARENT EDUCATION.  
- PARENT-CHILD ACTIVITIES

### CATHOLIC CHARITIES

**CCDOM.ORG/MIDDLESEX**  
319 MAPLE STREET PERTH AMBOY, NJ 08861  
PHONE: 732-324-8200

BASIC NEEDS:  
- CHILD CARE SERVICES  
- MATERNITY SERVICES  
- MOBILE FAMILY SUCCESS CENTER  
- OUT OF HOME PLACEMENT  
- SHELTERS & HOUSING  
- YOUTH SERVICES