

Mental Health & Substance Abuse Resources

MIDDLESEX COUNTY

1 MENTAL HEALTH ASSOCIATION OF NEW JERSEY

MHANJ.ORG

PHONE: 1-866-202-4357

- MHAS MAINTAINS A LIST OF MENTAL HEALTH PROGRAMS BY COUNTY.
- THEIR NJ MENTALHEALTHCARES CALL CENTER (NUMBER ABOVE) ALSO PROVIDES SUPPORT AND REFERS CLIENTS TO TREATMENT SERVICES.



2 DMHAS (DIVISION OF MENTAL HEALTH AND ADDICTION SERVICES)

HTTP://WWW.STATE.NJ.US/HUMANSERVICES/DMHAS/HOME/

- SEARCHABLE DIRECTORY TO ASSIST IN LOCATING PROGRAMS FOR ALCOHOL AND DRUG ABUSE TREATMENT AND RELATED SERVICES THROUGHOUT THE STATE OF NEW JERSEY



3 UBHC IME ADDICTIONS ACCESS CENTER

UBHC.RUTGERS.EDU/CLINICAL/CALL-CENTER/INTERIM-MANAGING-ENTITY-IME.XML
PHONE: 1-844-276-2777

- ACCESS CENTER FOR ASSISTANCE AND REFERRALS FOR ADDICTION TREATMENT



4 REACH NJ

NJ.GOV/HUMANSERVICES/REACHNJ
PHONE (CALL 24/7): 1-844-732-2465

- REACHNJ IS A CENTRAL CALL-IN LINE FOR NEW JERSEY RESIDENTS WHO ARE LOOKING FOR HELP WITH A SUBSTANCE USE DISORDER



5 PROJECTS FOR ASSISTANCE IN TRANSITION FROM HOMELESSNESS (PATH) | PROJECTS FOR ASSISTANCE IN TRANSITIONAL HOUSING

LSNJLAW.ORG/PAGES/NON-LEGAL-RESOURCES/PATH-PROGRAM-ASPX

- THE PATH PROGRAM PROVIDES FREE CASE MANAGEMENT SERVICES TO ADULTS DIAGNOSED WITH SERIOUS MENTAL ILLNESS AND WHO ARE HOMELESS OR AT IMMINENT RISK OF HOMELESSNESS.
- THE GOAL IS TO PROVIDE LINKAGES AIMED TO DEVELOP STABILITY IN THE INDIVIDUAL'S LIFE AND REMEDIATE HOMELESSNESS.



6 NJ CONNECT FOR RECOVERY

NJCONNECTFORRECOVERY.ORG
NJCONNECT@MHANJ.ORG
PHONE: 855-652-3737
TTY: 877-294-4356

- SUBSTANCE USE DISORDER TREATMENT



7 TRINITY EPISCOPAL CHURCH

TRINITYWOODBIDGE.ORG/OUTREACH
650 RAHWAY AVE. AT TRINITY LANE
WOODBIDGE, NJ 07095-3530
PHONE: 732-634-7422

- SUPPORT GROUPS



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- SUPPORT GROUPS



9 NJ MENTAL HEALTH CARES

NJMENTALHEALTHCARES.ORG/
PHONE (8AM-8PM): 866-202-HELP (4357)

- ONLINE MENTAL HEALTH SCREENINGS
- TELEPHONE COUNSELING
- DEPRESSION . ANXIETY . PTSD . SUBSTANCE ABUSE . BIPOLAR DISORDER

