Are you feeling lonely or depressed? Sometimes you just need to talk to someone who “gets it.”

Pyx Health can help to support your mental and physical health by connecting you with compassionate people for a friendly chat and providing self-management tips and help with resources.

Pyx Health is a wellness program that offers a trusted combination of people, mobile app, and health care resources. Together they help to reduce loneliness and improve health. Support calls with a staffed call center are available M-F 8:30 AM – 5 PM EST (supporting all time zones) for both inbound support and outbound enrollment calls. Feel better each day with companionship and humor.

GET MORE INFORMATION: 732-201-8642
Middlesexcountynj.gov/aginganddisabled